

PAINTING: PUSHING THE LIMITS

Materials List

Wear old clothes, latex disposable gloves to protect hands if desired

- Large, heavy cardboard; at least 3'x3' – Have it gessoed both sides. (They can be bought at art stores or cut up large cartons). --OR -- If you are used to working on canvas, that is fine, just keep in mind that if you want to change the canvas at any point (cut it and change its shape and size), un-stretched canvas is best for that. You may need a backing board for rigidity and clips to hold things together with un-streched canvas. Some people also prefer to work on wood, that is OK too.
- Acrylic paint is best as it dries more quickly. If you want to use oil paint, get some liquin to speed up drying.
- **Have at least all the basic colors + white and black, more if you can afford them.**
- **A large disposable palette is advantageous. They come 18"x24". Lots of cheap paint so you can work freely.**
- Plastic wrap can save colors to continue working at home.
- Spray bottle of water keeps acrylics from drying too quickly.
- **Several palette knives to mix paint.**
- Assorted sizes of brushes; include one very large, say 1 ½ to 2 inches wide and none too thin.
- **Bring rags and paper towels**
- Acrylic gel medium (golden is my favorite and I like matte).
- Scissors, masking tape, mat knife to cut shapes in cardboard; if you are going to cut and rearrange shapes, duct tape would be good to fasten parts together (straight pins can help you place things before you glue). Medium can work as a glue depending on what you are attaching so to start just the medium will do.
- If you are planning to mix various mediums, you may want oil pastels too.
- You can start with just paint and then add fabric, string, burlap, etc. as you progress, depending on your interest.

If you are comfortable with it, bring some samples of past work to show me. It helps to know what you have done before I suggest what you might do next.

You may call if you have questions, or send an email to:

Bascha Mon 908-876-4697

baschamon@hotmail.com

